

## **13 poems in a body – part one: take two**

Director / Text / Performance: Shannon Sullivan

Dance: Mor Demer

Dramaturgy: Joey Juschka

Premiere: 25<sup>th</sup> March 2011, at Laborgras, Berlin, Germany

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Breath is movement.

Words ride on the outbreath.

Sound is waves; the waves compress the particles in the air.

The first language was sign language; words are gestures of the tongue.

The voice is controlled by tiny muscles.

The muscles control the size and frequency of the waves.



Breathing is rhythmic.

Words and movements have rhythms and exist in time.

Rhythm is breath is sound is movement.

Language is sensory; movement is cognitive.

Language is cognitive; movement is sensory.

Language is sound is movement is cognitive is sensory.

My poems come from my body.

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### **Links:**

Trailer: <http://www.tanzforumberlin.de/produktion/13-poems-in-a-body-part-one-take-two/>

Video “13 poems in a body – part one: take two”: <https://vimeo.com/133539016>

Poems (selection): <https://issuu.com/shannonsullivanberlin/docs/selectedpoemsandpieces2009-2011>

Audio recording “Top”, one of the poems used in the piece:

<https://soundcloud.com/shannon-sullivan-31/top>



**Shannon Sullivan** is a poet and multidisciplinary performance artist. She received her classical dance training at several renowned schools in the USA: Joffrey Ballet School, Boston Ballet School and North Carolina School of the Arts, among others. In addition, she completed her training as a professional actor at the American Musical and Dramatic Academy and worked for several years as a freelance performer in New York. In 2004 she moved to Berlin to focus on creating her own pieces. Her work focuses on the physicality of language and the interaction of poetry and movement. “Ode to a knee” (2009), “Broken: Part I” (2010) as well as “13 poems in a body” and “13 poems in a body – part one: take two” explore this theme.

**Mor Demer** was born and raised on the Kibbutz Dvir in Israel. She studied at several dance schools and training programs, including the “Vertigo Dance Company”. She worked as a dancer in the “Young Vertigo Company” in Jerusalem as well as with various choreographers: Imanuel Gat, Galit Lis, Inbal Oshman, Sasha Shmurak, Elad Shechter, among others. Today she lives and works in Berlin. She performs solo and group improvisation and works as a dancer for various choreographers.



*“13 poems in a body - part one: take two” by Shannon Sullivan*

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